

Mag Chlor

Dietary Supplement of Magnesium Chloride

Magnesium is involved in many enzyme activities and is essential to carbohydrate & mineral metabolism as well as neurotransmission. It is necessary to appropriate calcium uptake and is one of the minerals involved in bone remodeling.⁽¹⁾ The fourth most abundant cation in the body, magnesium is easily depleted by stress. It is involved in over 300 enzyme reactions due to its positive charge, stabilizes RNA and DNA and is needed for cellular metabolism. Magnesium is a natural sedative and influences the intra & extra cellular fluid balance through its relation with potassium & sodium.⁽²⁾ Chloride is also a major extra cellular negatively charged ion, allowing better cellular exchange. Chloride activates salivary amylase, is necessary in the production of hydrochloric acid and assists in acid-alkali balance.⁽²⁾

Mag Chlor

NC210 (2 fluid oz)

Suggested Dose: 10 to 20 drops in A.M. in juice, or as directed by a health care professional.

Per Serving:

CALCIUM.....	5 MCG
MAGNESIUM.....	84 MG
CHLORIDE	246 MG
POTASSIUM.....	<1 MCG

Other Contents: Magnesium Chloride, Demineralized Water

References:

- (1) James F. Balch, M.D. & Phyllis C. Balch, C.N.C.; *Prescription for Nutritional Healing*; Avery Publishing Group, Inc., 1990.
- (2) Dr. David L. Watts; *Trace Elements and Other Essential Nutrients*; Writer's B-L-O-C-K, 1995

This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.