

Constipation CP

For symptoms associated with constipation

Constipation is a condition characterized by a decrease in the number of bowel movements. It occurs when waste progresses too slowly through the intestines. It is also characterized by hard stools which are painful and difficult to pass. Adequate bowel function is very important. Many health professionals associate many immune related illnesses with constipation.

Alumina 30X – Constipation of the most aggravated kind. No desire to stool for days. Marble-like masses pass, but rectum still feels full. Violent ineffectual urging to stool.

Bryonia Alba 30X – Constipation. Stools, large, dry, very hard, as if burnt, loose, painless, undigested involuntary during sleep.

Calcarea Carbonica 30X – Stool large and hard. Feels best when constipated. Crawling and constriction in rectum. Worms, tapeworms, pinworms, roundworms.

Chamomilla 30X – Child cries and must be carried about to be quieted. Pain is intolerable. Abdomen distended. Spells of colic from time to time. Gripping in region of naval.

Graphites 30X – Constipation, large, difficult, knotty stools united by mucus threads. Fissures of anus, cutting pain during stool, followed by constriction and aching for hours. Pains as if intestines were torn.

Lycopodium Clavatum 30X – Constipation of children from contraction of sphincters. Feeling as if much remained unpassed after stools. Constipation when away from home or traveling. Ineffectual urging.

Nux Vomica 30X – Constipation with frequent ineffectual urging. Stool is incomplete and unsatisfactory. Feeling as if part of stool remained unexpelled. Irregular, peristaltic action. Frequent ineffectual desire or passing but small quantities at each attempt.

Pulsatilla 30X – Abdomen painful, distended, loud rumbling. Pressure as from a stone. Pains extend into groins. Stools constantly changing color, no two stools alike.

Silicea 30X – Constipation always before and during menses. Feels as if paralyzed. Intensely painful hemorrhoids protrude during stool. Feces remain a long time in rectum.

Sulphur 30X – Children afraid hold stools back on account of pain. Frequent, unsuccessful desire, hard, knotty insufficient. Abdomen sore, very sensitive to pressure. Bearing down against rectum.

*References: Today's Herbal Health for Children by Louise Tenney
Homeopathic Remedy Guide; Robin Murphy, ND*

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